

paalam

Mentee Info Sheet

About the Program

Paalam (பாலம்) is the Canadian Tamil Professionals Association's (CTPA) mentorship program, connecting emerging and established Canadian professionals in the Tamil community. Launched in 2013, Paalam—meaning "bridge" in Tamil—was built on the idea that through the sharing of knowledge, experiences, and ideas, mentors and mentees can mutually inspire growth and build lasting professional connections.

This year, Paalam is introducing a tier-ed mentorship program to enrich and better support the experience of its participants: **Tier 1 for Emerging Professionals** (mentees with <2 years of professional experience) and **Tier 2 for Developing Professionals** (mentees with 2-4 years of professional experience).

Mentee Criteria

Tier 1 - Emerging Professionals

- Currently a student or recent graduate of an undergraduate program (college/university)
- <2 years of full-time job experience
- A verified LinkedIn profile
- Able to commit at least 2 hours/month for 6 months starting in September
- Must complete Mentee Goal Setting Orientation in Summer 2025

Program Cost: FREE

Tier 2 - Developing Professionals

- 2-4 years of professional experience
- A verified LinkedIn profile
- Able to commit at least 2 hours/month for 6 months starting in September
- Must complete Mentee Goal Setting Orientation in Summer 2025

Program Cost: FREE

What we Offer



Formal recognition for your involvement



Access to exclusive professional development events and workshops.



Access to network with all Paalam mentors after completion of program.

Join today at tamilprofessional.ca/paalam

If you have any questions, contact us at mentorship@tamilprofessional.ca

CTPA

CANADIAN TAMIL
PROFESSIONALS ASSOCIATION
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