

paalam

Mentor Info Sheet

About the Program

Paalam (பாலம்) is the Canadian Tamil Professionals Association's (CTPA) mentorship program, connecting emerging and established Canadian professionals in the Tamil community. Launched in 2013, Paalam—meaning "bridge" in Tamil—was built on the idea that through the sharing of knowledge, experiences, and ideas, mentors and mentees can mutually inspire growth and build lasting professional connections.

This year, Paalam is introducing a tier-ed mentorship program to enrich and better support the experience of its participants: **Tier 1 for Emerging Professionals** (mentees with < 2 years of professional experience) and **Tier 2 for Developing Professionals** (mentees with 2-4 years of professional experience).

Mentor Criteria

Tier 1 - Emerging Professionals

- Completed undergraduate program (college/university) and/or in graduate school (if applicable)
- Minimum 2 years of professional experience
- A verified LinkedIn profile
- Able to commit a minimum of 2 hours/month for 6 months starting in September
- Must complete Mentor Leadership Orientation in Summer 2025
- Meet with mentee at least once a month (in-person or virtual)

Tier 2 - Developing Professionals

- Completed undergraduate or graduate program (college/university)
- Minimum of 5+ years of professional experience
- A verified LinkedIn profile
- Able to commit a minimum of 2 hours/month for 6 months starting in September
- Must complete Mentor Leadership Orientation in Summer 2025
- Meet with mentee at least once a month (in-person or virtual)

What we Offer



Formal recognition for your involvement



Access to exclusive professional development events and workshops.



Access to network with all Paalam mentors after completion of program.

Join today at tamilprofessional.ca/paalam

If you have any questions, contact us at mentorship@tamilprofessional.ca